

**Terms and Conditions: Please Read and Print for your Records.**

Post Falls Naturopathic Clinic  
Wade R Lachman, ND MH CNHP  
Authorization and permission form

Thank you for choosing Post Falls Naturopathic Clinic. It is our goal to provide you with extreme excellence in natural health services. The nutritional supplements, homeopathic and energetic remedies used by Post Falls Naturopathic Clinic are of the highest quality available. You are encouraged to ask questions and be an active part on your road to optimal health.

1. I fully understand that Dr. Wade Lachman is not an allopathic/medical doctor and does not portray himself to be, but is a Naturopath, Wellness and Nutritional consultant.
2. I fully understand the difference between the practice of Allopathic/Medical medicine, naturopathic medicine, holistic practitioners, and energetic and nutritional consultants.
3. I fully understand that the services provided by Dr. Lachman are not allopathic/medical, but strictly naturopathic, energetic or nutritional in nature.
4. I fully understand that Dr. Lachman performs naturopathic services within the parameters of natural health care and wellness using nutrition, stress reduction, and/or energy therapies.
5. I fully understand that Dr. Lachman, as a naturopathic doctor, does not hold a medical license, he does not offer allopathic/medical drugs, surgery, chemical stimulants, radiation therapy or any other conventional medical treatments. He does not cut, poison, or burn his patients, nor does he use toxic substances. In addition, he does not diagnose, treat or otherwise prescribe for my disease, conditions or illness.
6. I fully understand that my energy and stress parameters are being measured.
7. I presently seek counsel, advice, opinions related to energetic balancing, stress management or nutritional therapy within the scope of Dr. Lachman's wellness and stress reduction practice. I am fully aware and release Dr. Lachman to do nutritional, naturopathic, homeopathic, isopathic, and/or energy assessments.
8. I fully understand that the services provided by Dr. Lachman are in the emerging field of energetic medicine, and may not be understood by all allopathic/medical practitioners.
9. I authorize Dr. Lachman and/or the practitioners working with him to perform a NES health analysis and/or a Meridian Response Technique analysis on me for the purpose of developing a program designed to improve my health and not for treatment or "cure" of any specific disease.
10. I understand that NES, MRT are safe and noninvasive methods of analyzing the nutritional, energetic and physical needs of the body. Deficiencies in these areas may cause or contribute to various health problems. I understand that NES, MRT analysis are not a method for diagnosis or treatment of any disease or other medical conditions, and that these are not being tested or treated.
11. The results of the NES or the MRT testing or any natural health, nutritional or dietary programs recommended are not guaranteed and no promises have been made regarding them. I understand that NES and MRT are means by which the body's natural energy can be used as an aid to determine possible nutritional imbalances, so that safe, natural programs can be recommended for the purpose of bringing about a more optimal state of health.

12. As the responsible party for my health care, I have read and agree to the above. In addition, I have read and understand the explanation on Classical Naturopathy. By entering the word “**YES**” into the box on the online form, I have acknowledged that I understand all parts of this waiver/discloser and that I have the opportunity to ask any questions with regard to any services or therapies offered.

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According to the Federal Food, Drug and Cosmetic Act, as amended, Section 201 (g) (1), the term “DRUG” is defined to mean:

*“Articles intended for the use in the Diagnosis, Cure, Mitigation, Treatment or Prevention of disease.”*

A vitamin is not a drug, NEITHER is a Mineral, Trace Element, Amino Acid, Herb, Homeopathic or Isopathic Remedy, or an Infoceutical remedy.

Although a Vitamin, Mineral, Trace Element, Amino Acid, Herb, Homeopathic / Isopathic Remedy, or an Infoceutical remedy may have an effect on any disease process or symptom, this does not mean that it can be misrepresented or be classified as a drug by anyone.

Therefore, please be advised that any suggested nutritional advice or dietary advice is not intended as any primary treatment and/or therapy for any disease or particular bodily symptom.

Nutritional counseling, vitamin recommendations, nutritional advice, and the adjunctive schedule of nutrition is provided solely to upgrade the quality of foods in the patient's diet in order to supply good nutrition by supporting the physiological and bio-mechanical processes of the human body.

#### **Return/Refund Policy**

Nutritional remedies, supplements, suppositories, Infoceuticals, homeopathic & isopathic remedies or any other remedy purchased from Post Falls Naturopathic Clinic may be returned if unopened for the first 30 days for an in office credit. **Office visits, membership plans, or consultation fees are not refundable.**

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#### **DECLARATION & RELEASE**

I acknowledge and declare that I have the option of seeking and/or continuing allopathic (conventional) medical care from a medical doctor and that the principles and therapies used by Alternative Medicine /Naturopathy / Homeopathy are different.

### **Classical Naturopathy**

A classical naturopath specializes in wellness. That is to say teaching patients how applying natural lifestyle approaches can act to facilitate the body's healing and health building potential. The classical naturopath does not undertake to diagnose or treat disease but recognizes that the majority of sub-health conditions are cumulative effects. Also the underlying cause of disease is improper diet, unhealthy habits and environmental factors that cause biological imbalances leading to a weakening of the body's defenses and subsequent breakdown in health. The practice of classical naturopathy is not considered the practice of medicine and is legal in all 50 states; however, some states have made naturopathy illegal unless licensed. Idaho is not one of those states.

The practice of classical naturopathy is recognized as a common occupation at the federal level (U.S. congress 1928, 1929, 1930 and thirty Federal Court rulings between 1958 and 1978) and such a profession is protected under the 14<sup>th</sup> and 9<sup>th</sup> Amendments of the U.S. constitution. Several states have also made this stipulation either by statute or in the Courts.

All disease is one and what medical doctors call disease are only symptoms of a greater underlying problem. Disease is nothing more than a manifestation of our body trying to correct imbalances. Imbalances are due to faulty nutritional patterns, improper rest, toxic overload, energetic weakness or blockage, stress management and other lifestyle considerations, which over time weaken the body. By the time disease appears on the scene it is very late in the game.

Our body tells us early on when there is a problem and we can either respond to this message or try to suppress the symptoms that the body uses to tell us there is a problem. You can take ibuprofen, or other drugs to suppress the symptoms and they will help for a short time. However, unless the underlying problem is corrected, eventually the symptoms will no longer be helped by these drugs and one will need to take stronger and stronger drugs to quiet the body's message. If the underlying problem has not been addressed the body will begin to break down structurally. At this time modern medicine is finally capable of diagnosing that something is really wrong and offer interventions to fix the structure, but still medical doctors often fail to address the underlying problem.

Naturopathy concentrates on identifying destructive aspects in lifestyles that lead to imbalances. Before symptoms manifest and long before a diagnosis can be rendered, these destructive aspects of our lifestyle can be identified and corrected. Once corrected, the body automatically heals itself. Diagnosing disease and illness is totally unnecessary to correcting the underlying problems that result in disease and illness. A true healer does not waste his time concentrating on naming disease but rather on identifying those underlying factors that if not addressed result in the manifestation of disease and illness. These factors can be identified and corrected long before it is even possible to make any diagnosis. Even after a diagnosis is made the same concepts of healing used by classical naturopaths are equally effective because once balance is restored the body automatically heals itself.